


St Botolph's Summer Term Menu 2019

Menu Week 4 - Weeks commencing: 13th May, 17th June & 15th July 2019															
<i>Choose 1 Main Course</i>	Monday			Tuesday			Wednesday			Thursday			Friday		
Main Course 1	Chicken Bites with Potato Puffs	① ② ○	○	Salmon & Dill Pasta	① ② ③ ○	○	Roast Chicken, Roast Potatoes & Gravy	① ② ③ ○	○	Pasta & Tomato Sauce	① ② ③ ④ ⑤ ○	○	Pepperoni Pizza & Chips	① ② ○	○
Main Course 2	Veggie Fingers with Potato Puffs	② ④ ⑤ ○	○	Creamy Tomato Pasta	① ③ ④ ⑤ ○	○	Quorn Roast, Roast Potatoes & Gravy	① ② ③ ⑤ ○	○	Tomato Soup & Bread Roll	① ② ⑤ ○	○	Margarita Pizza & chips	① ② ⑤ ○	○
<i>Choose 1 Dessert</i>															
Dessert 1	Fruit Smoothie	① ② ⑤ ○	○	Iced Sponge & Sprinkles	① ② ⑤ ○	○	Fruit & Biscuits	① ② ⑤ ○	○	Lemon Drizzle Cake	① ② ⑤ ○	○	Ice Cream	① ○	○
Dessert 2	Fruit/Yoghurt	① ③ ⑤ ○	○	Fruit/Yoghurt	① ③ ⑤ ○	○	Fruit/Yoghurt	① ③ ⑤ ○	○	Fruit/Yoghurt	① ③ ⑤ ○	○	Fruit/Yoghurt	① ③ ⑤ ○	○
School Packed Lunch	Cheese Roll	① ② ③ ⑤ ○	○	Ham Sandwich	① ② ③ ○	○	Tuna Roll	① ② ③ ○	○	Ham Roll	① ② ③ ○	○	Cheese Sandwich	① ② ③ ⑤ ○	○



Celebrating Faith,
Learning and Success

Key

- ① = Gluten Free available
- ② = Dairy Free available
- ③ = Freshly prepared on site
- ④ = Seasonal Vegetables

- For hot meals:** Choose main course 1 or 2 & dessert 1 or 2
- School packed lunches can only choose dessert 2

Pick & Mix Packed lunch option includes: Daily roll, wrap or sandwich, a selection of fruit, vegetables, yogurt & a piece of cake

- A salad bar & fresh bread is available daily
- At least 15% of the salad bar is grown in our school garden

Fresh milk & drinking water is available daily

All hot meals are served with a minimum of 2 different vegetables (in season as much as possible)