


## St Botolph's Summer Term Menu 2019

<b>Menu Week 3 - Weeks commencing: 6th May, 10th June &amp; 8th July 2019</b>											
<i>Choose 1 Main Course</i>	<b>Monday</b>		<b>Tuesday</b>		<b>Wednesday</b>		<b>Thursday</b>		<b>Friday</b>		
Main Course 1	Chicken with Braised Rice	①② ③④ ○	Beef Pasta Bolognese	①② ③④ ○	Roast Chicken, Roast Potatoes & Gravy	①② ③ ○	Sweet & Sour Chicken with Rice	①② ③④ ○	Pork Sausage & Chips	①② ○	
Main Course 2	Roasted Seasonal Vegetables with Braised Rice	①② ③④ ⑤ ○	Quorn Pasta Bolognese	②③ ④⑤ ○	Seasonal Vegetable Pasty, Roast Potatoes & Gravy	③④ ⑤ ○	Tomato Soup & Bread Roll	①② ③④ ⑤ ○	Quorn Sausage & chips	⑤ ○	
<i>Choose 1 Dessert</i>											
Dessert 1	Raspberry Ripple mousse	①③ ⑤ ○	Strawberry Cake	①② ⑤ ○	Sponge with Chocolate Icing	①② ⑤ ○	Chocolate Sponge with Icing & Sprinkles	①② ⑤ ○	Strawberry Frozen Dessert	①③ ⑤ ○	
Dessert 2	Fruit/Yoghurt	①③ ⑤ ○	Fruit/Yoghurt	①③ ⑤ ○	Fruit/Yoghurt	①③ ⑤ ○	Fruit/Yoghurt	①③ ⑤ ○	Fruit/Yoghurt	①③ ⑤ ○	
<b>School Packed Lunch</b>	Cheese Sandwich	①② ③⑤ ○	Chicken Roll	①② ③⑤ ○	Cheese Wrap	①② ③⑤ ○	Ham Roll	①② ③ ○	Tuna Wrap	①② ③ ○	



Celebrating Faith,  
Learning and Success

**Key**

① = Gluten Free available  
 ② = Dairy Free available  
 ③ = Freshly prepared on site  
 ④ = Seasonal Vegetables

- For hot meals:** Choose main course 1 or 2 & dessert 1 or 2
- School packed lunches can only choose dessert 2

**Pick & Mix Packed lunch option includes:** Daily roll, wrap or sandwich, a selection of fruit, vegetables, yogurt & a piece of cake

- A salad bar & fresh bread is available daily
- At least 15% of the salad bar is grown in our school garden

Fresh milk & drinking water is available daily

All hot meals are served with a minimum of 2 different vegetables (in season as much as possible)